

Trampoline Competition Committee
Competition Rule Modifications
Effective 1st January 2002

1. The FIG World 'A' & 'B' Routines (2001-2004) will be used for domestic competitions.
2. There will be no compulsory progression to Grade '2' from Grade '3', the competitor may remain at Grade '3' until they are confident to progress.
3. **INTERNATIONALS RETURNING TO COMPETITIVE TRAMPOLINING**
If a Senior International (must have competed in World's, European's, Four Countries or World Cups) wishes to return to competitive trampolining after an absence of at least one season, they may return to Senior Men's/Ladies.
If they fail to retain Elite Status they must return to their age group the next season.

If a Youth International wishes to return after an absence of at least one season, they may return only to Grade '1' age group, but they will downgrade to Grade '2' if they do not achieve the Grade '1' Retaining Score that season.

The National Squad Director may request a return to the Senior events for a competitor for selection purposes.
4. Competitors who have been granted a downgrade will not be allowed to compete at a higher grade during that competitive season.
5. E-mail entries do not comply with the Rules for entering competitions, a Club may E-mail a list of entries, but the entry form and payment must be sent to the organiser by the closing date.
6. **The Club must now send the "Officials Nomination Form" to the Judging Events Co-ordinator no later than the closing date for entries. (It is recommended that Club's obtain "proof of postage").**
7. When entering competitions Clubs with more than **TWO** competitors **MUST** provide the first official; the option to pay the £20 fine now only applies to the second official.
If any of the officials nominated (including reserve officials) do not turn up for the competition the Club must provide suitably qualified substitutes, failure to do so will result in the Club being excluded from the next competition taking place in England or Wales at that Grade.
8. The Flight System will be used at all Grade '2' Qualifying Competitions. (See next page).
9. **"When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants' performance"**. (Clubs must sign the entry form to confirm that these criteria will be adhered to).
Clubs who do not have a Coach travelling with their competitors must arrange for a coach from another Club to supervise the competitors during their competition.
Persons who are **NOT** designated as officials and Non B.G members are not allowed on the competition floor.
10. All Qualifying Scores from Grade '2' to Grade '1' Increased by 0.5 – Min Set Score 23.5
11. To avoid excessive travelling by the Scottish Competitors, Scottish Gymnastics will be allowed to stage a Grade '2' Event. This event will be accessible to all Competitors.
Howeve no Grade '2' Competitor is permitted to participate in more than 4 qualifying events.
12. Rules for National Synchronised Competitions have been revised. (See next page).

THE FLIGHT SYSTEM OF COMPETITION

At the Grade '2' events in 2001 a new system of competition was used for the first time. This 'Flight' system will be used in the 2002 season at the Grade '2' competitions.

The difference between the flight system and normal competitions is that Groups are split into smaller subgroups. The first subgroup will warm up their set and vol., then compete their set and vol. in programme order (i.e. no reverse order for vol.). This process will be repeated in turn by each subgroup.

Qualification will be dependent on a competitor's score after the set and vol. After all subgroups have competed there will be a final voluntary round for the top 10 competitors across all of the subgroups in reverse order. The score for the final will be added to the total for the set and final vol. to decide the final positions.

Smaller groups will not be split into subgroups, but will still warm up set and vol. together and compete both routines in programme order followed by the final in reverse order.

This format means that competitors in big groups are not waiting around for long periods between routines, it is also more spectator friendly, in that both set and voluntary routines will follow programme order.

During the warm up periods competitors are guaranteed a minimum of four warm ups (2 for set and 2 for vol. as in other competitions).

NOTE: - If a competitor has not arrived at their panel before the first voluntary routine of their 'Flight' has started, they will not be allowed to compete. (**Competitors are not allowed to change Flights**)

FIG Routines (2001-2004)

Under & Over 18 – Grade '1' WORLD 'B' SET	Men's & Ladies – Grade '1' WORLD 'A' SET
10 Different elements 9 of them with a Minimum of 270° somersault (1) One element to front or back <u>(2) One element from front or back in Conjunction with requirement No.(1).</u> (3) One double front or back somersault With or without twist (4) one element with a minimum of 540° twist	10 Different elements with a Minimum of 270° somersault (1) One element to front or back <u>(2) One element from front or back in Conjunction with requirement No.(1).</u> (3) One double front or back somersault With or without twist (4) One double front or back somersault With a minimum of 360° twist (5) one element with a minimum of 540° twist
Elements <i>cannot</i> be combined to Fulfil the above requirements	Elements <i>cannot</i> be combined to Fulfil the above requirements

Synchronised National Championships

A pair will be eligible to compete in the Synchronised National Championships provided that: -

For age group events, one competitor has qualified to compete at the National Championships within their age group and the other is a current Grade '2' or current Grade '1' Competitor.

Where competitors are from different age groups they must compete in the age group of the older partner, one competitor must be qualified to compete at the National Championships & the other must be a current Grade '1' Competitor.

For Men's/Ladies events, one competitor has qualified to compete Men's/Ladies at the National Championships and the other must be a current Grade '1' Competitor.

Note: - A competitor may only compete in one age group event and if qualified the Men's/Ladies event (need not be with the same partner).

SEE NATIONAL GRADING STRUCTURE BOOK FOR FULL DETAILS OF MODIFICATIONS